

Meditation

Alan Cathcart

Piano

F Dm F Dm F

I am a - float in a gold-en sea, Its warmth and love

C7 F Dm F

- wash ing o - ver me. My heart dis - solves, touch-ing all a - round.

C7 Bb C7 F C7

In min-gled souls joy and peace are found. We are the sea,

Bb C7 Dm C7

We are the sky. We are the fish that swims, and the bird-that flies.

F Bb F Dm F

We are the wa-ter pure, and the hea-vens' glow. The Eye that sees

Detailed description: This system contains six measures of music. The vocal line (treble clef) has a key signature of one flat (Bb) and a 4/4 time signature. The lyrics are: 'We are the wa-ter pure, and the hea-vens' glow. The Eye that sees'. The piano accompaniment (bass clef) consists of block chords. The chord progression is F, Bb, F, Dm, F. The notes in the piano part are: F2, C3, F3 (F); Bb2, C3, Bb3 (Bb); F2, C3, F3 (F); D2, F3, Ab3 (Dm); F2, C3, F3 (F).

Dm F

and the Mind that knows.

Detailed description: This system contains two measures of music. The vocal line (treble clef) continues with the lyrics: 'and the Mind that knows.'. The piano accompaniment (bass clef) consists of block chords. The chord progression is Dm, F. The notes in the piano part are: D2, F3, Ab3 (Dm); F2, C3, F3 (F).